

## Progress Report: Sri Lanka Clinical Trials Registry

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SLCTR registration number: SLCTR/2018/017

Scientific title of trial: A lifestyle modification intervention on selected cardiovascular risk factors in overweight and obese women aged 35-44 years in Medical Officer of Health areas Bandaragama and Horana

Date of commencement (enrolment of first participant): 20<sup>th</sup> June 2018

Progression: At completion

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### 1. Baseline data

Any changes to the trial design/ methodology/ protocol after commencement: No

Any changes to trial outcomes after commencement: No

### 2. Current status

Recruitment status: recruitment complete

Number assessed for eligibility: 2800

Number recruited and allocated/randomized: 640

Number allocated/randomized to each intervention/arm (please edit as relevant):

Arm 1: 320

Arm 2: 320

Losses/exclusions after allocation/randomization (please edit as relevant):

Arm 1: 59

Arm 2: 74

### 3. Trial output

Date of trial completion ("last patient, last visit"): 23/02/2019

Final sample size: Intervention group-261, Control arm- 246

(507)