

Progress Report: Sri Lanka Clinical Trials Registry

SLCTR registration number: [SLCTR/2025/022](#)

Scientific title of trial: [Efficacy of consumption of traditional rice compared to normal rice in reducing obesity among children aged 10-14 years attending paediatric endocrine clinic at Lady Ridgeway Hospital for children, Sri Lanka: A randomized controlled trial.](#)

Date of commencement (enrolment of first participant):

Progression: 6 months ☒ 1 year ☐ 2 years ☐ 3 years ☐
At completion ☐

1. Baseline data

Any changes to the trial design/ methodology/ protocol after commencement: [No changes](#)

Any changes to trial outcomes after commencement: [No changes](#)

2. Current status

Recruitment status: ~~pending/~~ [recruiting](#) / ~~recruitment complete: follow up continuing/~~
~~recruitment complete: follow up complete/~~ ~~recruitment suspended /~~ ~~recruitment terminated~~

Number assessed for eligibility: [13](#)

Number recruited and allocated/randomized: [10](#)

Number allocated/randomized to each intervention/arm (please edit as relevant):

Arm 1: [Control 06](#)

Arm 2: [Intervention 04](#)

Losses/exclusions after allocation/randomization (please edit as relevant):

Arm 1: 0

Arm 2: 0

3. Trial output

Date of trial completion ("last patient, last visit"):

Final sample size: [N/A](#)

Summary of Interim/Final data (if available):

N/A

Abstract presentations of results at scientific meetings

Note: please include a URL link or scanned copy of the abstract

Title of Abstract	Full citation (please include authors, date, title of conference and place of presentation, page number of abstract).
N/A	

Publications

Note: please include a URL link or scanned copy of the publication

Title of paper	Full citation (please include authors, title of journal, volume, issue and page numbers, and/or DOI)
N/A	

Prof Sagarika Ekanayake



.....
Name and signature of Responsible Registrant/
Principal Investigator

Date: 8th December 2025