

Progress Report: Sri Lanka Clinical Trials Registry

SLCTR registration number: SLCTR/2016/018

Scientific title of trial: Effectiveness of a mobile phone based nutrition counselling and lifestyle modification intervention for reducing cardiovascular risks in adults in the community: A Randomized Controlled Trial

Date of commencement (enrolment of first participant):

Progression: 6 months 1 year 2 years 3 years

At completion

1. Baseline data

Any changes to the trial design/ methodology/ protocol after commencement: No

Any changes to trial outcomes after commencement : No

2. Current status

Recruitment status: pending/ ~~recruiting/ recruitment complete/ recruitment suspended/ recruitment terminated~~

Number assessed for eligibility: Nil*

Number recruited and randomized: Nil*

Number allocated to each intervention/arm: Nil*

Losses/exclusions after randomization: Not applicable

* The formative study using Focus Group Discussions and In-Depth Interviews were completed to explore participants' perception and acceptability of use of mobile phones to receive information on nutrition and lifestyle modifications. The intervention (M-Health nutrition and lifestyle package) is currently being developed in consultation with relevant experts in the fields of nutrition, public health, clinical medicine, and information and communication technology etc.

3. Trial output

Summary of Interim/Final data (if available):

Presentations of results at scientific meetings:

(Please attach a scanned copy or link to abstract)

Publications:

(Please attach a scanned copy or link to abstract)



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Prof. L. D. J. U. Senarath

Name and signature of Responsible Registrant/

Date: 05-01-2017